



Lowell J. Walters

OF COUNSEL

TAMPA

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Overview

Lowell Walters helps employers minimize risks while offering meaningful retirement, medical, or other fringe and employee benefits to employees. He focuses on issues that arise whenever an employer offers employees something of value, and draws upon his rich background with complex organizations and plan designs to offer novel solutions to intricate situations.

Clients appreciate Lowell's practical solutions. He addresses the questions asked while anticipating questions that were not asked, and follow-up questions likely to arise. Lowell tailors the solutions and is flexible in terms of his role, whether clients want to actively participate in the process or prefer to delegate as much as possible. They find his frequent communications and timeliness reassuring and gain confidence through his ability to communicate complex concepts clearly.

Lowell married his college sweetheart and has two wonderful children. He strives to balance his devotion to his family with his devotion to his clients.

What issues are you facing?

I received a notice from the DOL or IRS

When Lowell represents employers during a DOL or IRS investigation or audit, he knows what points to argue and when to focus on minimizing penalties. And he appreciates that clients' other

obligations, including the need to operate their business or perform other functions within the organization, do not end when the DOL or IRS letter arrives.

Tell Lowell about your situation and learn how he can help.

I have a retirement plan question or problem

Lowell minimizes risks and liabilities by addressing Internal Revenue Code and ERISA issues facing employee benefit plans, including reviewing documents and provider contracts to point out “problem areas,” addressing concerns raised by the employer or another adviser, assisting with the fiduciary obligations of hiring service providers (through RFPs or otherwise, and addressing “one-off” questions.

Tell Lowell about your situation and learn how he can help.

I have a medical insurance plan question or problem

Whether questions involve a self-insured or fully insured plan, a question about the Affordable Care Act, cafeteria plans, COBRA, HIPAA, or one of the myriad other laws affecting medical plans, Lowell can assist. He minimizes risks and liabilities by addressing Internal Revenue Code and ERISA issues facing employee benefit plans, including reviewing documents and provider contracts to point out “problem areas,” addressing concerns raised by the employer or another adviser, and addressing “one-off” questions.

Tell Lowell about your situation and learn how he can help.

My organization's benefits structure is complex and I need to seek advice on occasion

Employee benefit plans are inherently complex, but sometimes an organization's size or structure exacerbates the problem. Lowell works with private companies, nonprofits, and governmental entities, and the differences in the application of ERISA and the Internal Revenue Code to plans sponsored by those distinct groups give him insight into potential solutions and complications that other advisers do not have.

Lowell credits his work with hospitals, colleges, and universities for honing his creativity. Their diverse compensation structures and employee classifications exacerbated by inconsistent application of ERISA and Internal Revenue Code rules demand creative solutions.

Tell Lowell about your situation and learn how he can help.

I need help with executive-level benefits

The primary goal of employee benefit programs is to reward employees whom the organization can't afford to lose. Lowell works with companies and executives to devise bonus, stock bonus, and benefit programs geared toward executive-level employees. Whether representing the executive or the organization, he understands the importance of preserving the integrity of that vital relationship. Executives drive the organization and the organization's success is the ultimate goal.

Tell Lowell about your situation and learn how he can help.

I have an employment tax problem

Employers consult Lowell on a range of employment tax issues when they are unsure of their employment tax obligations, discover that their employment taxation has been handled incorrectly, or want to restructure benefits to minimize employment tax obligations. The employee benefits area highlights the complexity of employment taxation rules. Amounts contributed to 401(k) and 403(b) plans are sometimes, but not always, subject to employment taxes. Nonqualified and 457 plans are generally subject to employment taxes, but the timing of employment taxation can differ. Lowell's ability to navigate this difficult area allows him to address employment tax issues properly, even if they do not relate to an employee benefit plan.

Tell Lowell about your situation and learn how he can help.

I need help and none of the above apply

While the most common employee benefits are retirement and group health benefits, the multitude of benefit options and issues that can arise are too numerous to list, from adoption assistance to working condition fringe benefits. Lowell helps employers structure novel benefits or, if necessary, recommends another attorney or adviser who can.

Tell Lowell about your situation and learn how he can help.

I do not know if I need legal help or some other kind of help

Sometimes plan sponsors or administrators need legal advice and sometimes they need non-legal professionals to help implement or operate part of their plan. Since employee benefit plans are inherently complex, there are a lot of professionals who may be involved, from actuaries, third-party administrators, and investment advisers to COBRA administrators and insurance consultants.

Lowell understands that hiring the right advisers is a critical decision for a plan sponsor. He draws on his experience to help his clients select the adviser who brings value to participants while mitigating plan sponsor risk. This can involve assisting with the formal selection processes or recommending professionals with a proven record of accomplishment.

Sometimes the correct approach is for the organization's team of professionals to work together. Lowell enjoys collaborating with other service providers to produce an efficient solution that avoids administrative nightmares.

Tell Lowell about your situation and learn how he can help.

Experience

Representative Examples

- Defended an employer from an IRS assessment of about \$140,000 for allegedly failing to fulfill its Affordable Care Act obligations. Using some of the strategies [outlined here](#), the IRS agreed to reduce the penalties to \$0.
- Protected an employer from entering into an unfairly one-sided services agreement by identifying services the retirement plan service provider agreed to perform verbally, but failed to document in the contract process. Rewrote proposed contract provisions that would have allowed the service provider to avoid compensating the employer and the plan if it performed its services incorrectly.
- Convinced a surgical group that wanted to correct its plan because it was misworded that it would be in its best financial and other interests to simply amend the plan going forward, thus avoiding the cost of preparing a correction.
- Assisted a hospital spinoff in negotiating a purchase price offset to address the cost of vesting employees who were being terminated.
- Strengthened the case of a class action client sued for improper COBRA notices by reviewing the notice and preparing legal arguments on the issue of how it complied and why any deficiencies were immaterial. The complaint was dismissed days after we filed our motion to dismiss.
- Reduced potential liabilities during a legal review of a client health plan document from a major insurance company by identifying discrepancies under mental health parity requirements, advised on how to correct those discrepancies, and eliminated risks of having to provide additional mental health benefits.

- Provided advice to multiple clients on transgender issues, including whether coverage of transgender surgeries is mandatory when a patient suffers from gender dysmorphia; whether someone waives the ability to get treatments normally reserved for a particular sex when they indicate they are a different gender on their insurance forms; and what the obligations of a claims administrator are when handling transgender claims for companies that might be subject to inconsistent requirements.

Retirement Plan Experience

- 401(a) plans (money purchase pension plans, profit-sharing plans, traditional and cash balance defined benefit plans)
- 401(k) plans (including safe harbor, cross-tested, and automatic enrollment plans)
- 403(b) plans (ERISA and non-ERISA)
- 457(b) plans (governmental and tax-exempt)
- 457(f) plans
- 409A nonqualified plans
- 175/185 insurance premium tax share plans
- Florida Retirement System opt-out plans
- Deferred Retirement Option Programs

Welfare Plan Experience

- 125 Cafeteria plans
- ERISA-only plans
- Wrap documents
- Non-ERISA individual or voluntary plans
- Medical reimbursement plans (HRAs, FSAs, HSAs)
- Self-insured medical plans
- Commercially insured medical plans
- Stop-loss insurance
- Various other welfare plan arrangements (including wellness programs, dependent care assistance programs, adoption assistance programs, vacation pay conversion programs, and education assistance programs)
- Governmental retiree health care

Selected Skills

- Affordable Care Act (ACA) compliance and planning
- Plan drafting and amending

- Retirement plan mergers, acquisitions, and terminations (nongovernmental and governmental, including Florida Retirement System transfers)
- Benefit planning (tailoring welfare benefits to the individual employer)
- Executive compensation
- Benefit reductions
- Plan terminations
- Nondiscrimination
- General retirement and welfare plan compliance
- Welfare plan 5500 planning
- Welfare plan audits
- Structuring non-ERISA individual or voluntary welfare benefits
- Compliance with requirements such as COBRA, HIPAA, FMLA, USERRA, ADA, ADEA, and PHSA
- Retiree health care issues
- Related employment tax issues

Areas of Focus

Practices

- [Business Transactions](#)
- [Employee Benefits, Compensation & ERISA](#)
- [Government Law & Consulting](#)
- [Health Care](#)
- [Labor & Employment](#)

Industries

- [Health Care](#)
- [Securities & Investment Companies](#)

Insights

09.08.2022

Terminal Funding Annuities Smooth Rough Seas for Defined-Benefit Plans

05.11.2022

401(k) Climate Change and Crypto Considerations: DOL Nurtures the Former but Clips Crypto at the Roots

01.11.2022

Private Equity in 401(k) Plans: A Holiday Sequel

01.11.2022

DOL to Plan Sponsors: "It's Mostly All About the Benjamins!"

05.18.2021

COBRA Deadlines and Proofs of Mailing in Carter v. Southwest Airlines Co. Board of Trustees

05.07.2021

Midyear Premium Increases and Cafeteria Plan Rules

02.25.2021

Department of Labor Imposes Additional Requirement on Employer-Provided Health Services

12.15.2020

DOL to Plan Sponsors: "It's All About the Benjamins!"

10.09.2020

Alternative Retirement Plan Investments: A Retirement Plan Committee Checklist

09.17.2020

Three Timely Benefits Items Everyone Should Know

09.03.2020

DOL Warms Up to Private Equity in 401(k) Plans

08.26.2020

Rewarding Employees You Cannot Afford to Lose (Part 5)

08.19.2020

Rewarding Employees You Cannot Afford to Lose (Part 4)

08.12.2020

Rewarding Employees You Cannot Afford to Lose (Part 3)

07.15.2020

Rewarding Employees You Cannot Afford to Lose (Part 2)

07.10.2020

Rewarding Employees You Cannot Afford to Lose (Part 1)

06.23.2020

Cutting Costs With Employee Benefit Plans (Part 5 of 5) – Implementation

06.11.2020

Cutting Costs With Employee Benefit Plans (Part 4 of 5) – Retirement Plan Costs

06.05.2020

Cutting Costs With Employee Benefit Plans (Part 3 of 5) – Medical Benefit Costs

05.28.2020

Cutting Costs With Employee Benefit Plans (Part 2 of 5) – Identifying Potential Targets

05.19.2020

COVID-19-Related Guidance Allows Employees to Revise 2020 Health Insurance Elections

05.14.2020

Cutting Costs With Employee Benefit Plans (Part 1 of 5) – Using Benefit Plans to Save Money

05.07.2020

COBRA: Avoid Getting Snakebit! (Notice Update, Deadline Update, Litigation Update)

05.07.2020

Coronavirus Employment Tax Credits and Health Insurance

04.27.2020

Coronavirus-Related Retirement Plan Distributions, MPPPs, and Governmental 401(a) Plans

04.13.2020

Intel's Intel Doesn't Prove Actual Knowledge: Court Rejects Short ERISA Statute of Limitations

04.06.2020

Coronavirus-Related Retirement Plan Distributions and Loans: Helping Retirement Plan Committees Decide

04.03.2020

Planning to Claim the COVID-19-Related Tax Credits

04.03.2020

Executing Testamentary Documents During Pandemic Lockdowns

03.24.2020

Retirement and Health Plan Cost Reductions During a Financial Downturn or Recession

02.04.2020

Using Nonqualified Plans to Reduce 401(k)/403(b) Costs

01.24.2020

Four Noteworthy Highlights on the Taxation of Fringe Benefits

11.14.2019

Prudent Process Defeats DOL

10.29.2019

US Treasury and IRS Targets for Audit

09.09.2019

Plan Amendment Deadline Approaching for Plans That Implemented Hardship Changes in 2018 and 2019

05.20.2019

A Primer on Employment Taxes

05.08.2019

New Florida Law: Assessing Benefit Plan Costs for New Cancer Benefits Owed to Florida's Bravest

05.07.2019

Retiree Medical Not Restricted by Medicare Secondary Payer Rules

04.26.2019

Don't Cry Over Spilled Milk! A "Plain English" Guide to Retirement Plan Correction Options

12.06.2018

Recent Change to Hardship Distributions Can Increase Employer Liabilities

08.16.2018

Good News for Federal Contractors With Affordable Care Act Concerns

06.26.2018

Retirement Plans Can Solve the Million-Dollar Problem for Entities at Risk of Excise Taxes on Compensation

02.19.2018

Tax Incentive for Paid Family Medical Leave May Alleviate FMLA Benefit Complications

02.01.2018

Practical Insights on DOL Guidance Affecting Retirement, Medical and Disability Plans

01.17.2018

A Game Plan for Employers Facing Possible ACA Penalties

01.17.2018

A Game Plan for Employers Facing Possible ACA Penalties

12.21.2017

Parking Is Now A Taxable Expense

12.21.2017

Parking Is Now A Taxable Expense

12.05.2017

The DOL's Fiduciary Rule: An Update and Practical Advice

11.20.2017

Tax Reform and Accumulated Leave (aka "Special Pay") Plans

10.24.2017

Executive Orders May Be Asking Too Much of Regulators

10.06.2017

An Update: Retirement Plans, Leave Donation Programs, and Loans for Relief During States of Emergencies

08.15.2017

The DOL's Fiduciary Rule

08.22.2016

Employee Benefits: A Potpourri of Current Benefit Issues

04.11.2016

"Gating" Through Wellness Programs Under Proposed EEOC Regulation

01.06.2016

IRS Extends Due Dates for ACA Information Reporting Filings

11.05.2015

Florida Governmental DB Plans to Adopt New DC Plans for Insurance Premium Tax Dollars

07.21.2015

Deadline for 175/185 Plans Approaches

12.05.2014

Cafeteria Plan Amendments and the Employer Mandate

07.08.2014

ACA Waiting Period

11.04.2013

Health FSAs Allowed to Carryover Unused Balance

07.12.2013

What The Play or Pay Delay Means for Today

05.17.2013

All Employers Must Provide Exchange Notices to Employees by October 1; Guidance and Model Language Released by DOL

05.16.2013

Employers With Mandatory Health Coverage

11.15.2012

Health Care Reform for FSA and HRA Sponsors - Part II

10.24.2012

Health Care Reform for FSA and HRA Sponsors - Part I

09.27.2012

Medical Loss Ratio Rebate

01.05.2012

IRS Issues Guidance on Employer-Provided Cell Phones and Clothing

News

08.23.2019

Supreme Court Will Decide If Overfunded Pension Plans May Be Sued

10.15.2018

Lowell Walters Authors Article on Employer Matched Contributions Based on Student Loan Repayments

09.24.2018

Carlton Fields Helps Small Business Client Avoid Steep ACA Penalties

05.30.2017

ERISA Lawyer Lowell J. Walters Joins Carlton Fields

Professional & Community Involvement

- National Association of Public Pension Attorneys (2011–2012)
- New Tax Professionals Association of Tampa Bay (2005–2008)
 - Co-Chair (2006)
- College and University Professional Association for Human Resources, Florida Chapter (2019–present)
- Florida Municipal Attorneys Association (2011–present)
- Florida Public Pension Trustees Association (2004–2015)
- Florida West Coast Benefits Council
 - President (2007–2008)
- West Central Florida Healthcare Human Resources Association (2019–present)
- Society for Human Resource Management (2019–2021)
- The Florida Bar
 - Tax Section
 - Labor and Employment Law Section (2006–2015)
 - City, County, and Local Government Law Section (2006–2015)

- Hillsborough County Bar Association
 - Labor and Employment Section
 - Tax Section
- Hillsborough Education Foundation
 - School Endowment Committee (2009–2012)
- Hillsborough County Consumer Protection Board (2004–2007)
 - Chairman (2007)
- Greater Tampa Chamber of Commerce (2002–2004)
- Leadership Tampa Bay (2005)
- Tampa Bay Pension Council
- Tampa Connection Alumni Association (2003–2004)
- Tampa Connection (2002–2003)

Speaking Engagements

- "Correcting Retirement Plan Mistakes (Part I)," TkS Tampa Symposium (February 28, 2024)
- "The Dirty Dozen: 12 Complicated, Odd, or Interesting Employee Benefit Scenarios," West Central Florida Healthcare Human Resources Association (January 17, 2020)
- "Compensating Employees You Can't Afford to Lose: Deferred Compensation and Other Benefits for Key Employees," FICPA Suncoast Chapter Meeting (November 13–14, 2019)
- "In a Nutshell: Retirement Plan Fiduciary Compliance," Advizrs Retirement Plan Success - Creating Healthy Plan Options Lunch & Learn (November 5, 2019)
- "How to Select an Investment Advisor When You Don't Know a Thing About Investing," Florida Public Human Resources Association (August 2018)
- "Health Benefits Legal Update," Tampa Bay Risk Management Society (May 2018)
- "Retirement Plan Basics: An In-Depth Look at Early Distribution Penalties," Florida Public Human Resources Association (September 2017)
- "Retirement Plan Fiduciary Issues and Concerns," HR Florida (August 2017)
- "Retirement Plan Basics: An In-Depth Look at Early Distribution Penalties," Florida Public Human Resources Association (July 2017)
- "Early Distribution Penalties Under 72(t) for DB's, DC's & 457's," Florida Public Pension Trustees Association (September 2016)
- "How to Defend Your ACA Decisions to the IRS," M.E. Wilson Seminar (May 2016)
- "Defending Your ACA Decisions to the IRS," Wallace Welch & Willingham Webinar (April 2016)
- "Retirement Plan Participant Notices," Wallace Welch & Willingham Webinar (February 2016)

- "Hangers-On: Why Ineligible Individuals Continue to Be Covered," HR Florida (September 2015)
- "Employee Benefits Tax Tips & Oddities," Florida Public Human Resources Association (August 2015)
- "Why Size Matters!," 2014 HR Florida Annual Conference & Exposition, Society for Human Resource Management (October 7, 2014)
- "Retirement Plans: Reducing Organizational Risk, Lowering Fees & Improving Returns," HR Florida (October 2014)
- "Why Is This Guy Still on My Health Plan," Lorman Educational Services (March 27, 2014)
- "New IRS Interpretation of DROP Plans," Florida Public Pension Trustees Association (October 2013)
- "Understanding the Employer Mandate," Florida Association of Wholesale Distributors Health Care Reform Summit (October 2013)
- "FSAs, HRAs & HSAs: An Explanation & Comparison," HR Florida (August 2013)
- "Defined Benefits to Defined Contributions: Terminations, Freezes, Conversions & Reductions," Florida Public Human Resources Association (July 2013)
- "Do's and Don'ts of Wellness Incentives," Wellness Works Seminars, Wallace, Welch & Willingham (May 2013)
- "New Rules for HIPAA and Business Associates – What BAs Need to Do Under the Law and What Changes for Covered Entities," International Society of Certified Employee Benefit Specialists, Tampa Bay Chapter (April 2013)
- "Federal Tax Issues With DB Plans," Florida Public Pension Trustees Association (October 2012).
- "Reduce the Agony of Compliance and Increase the Thrills With a Well-Designed Retirement Plan (aka Cutting-Edge Issues for Governmental Retirement Plans)," Florida Public Human Resources Association (August 2012)
- "Using Benefits to Attract, Retain, and Increase Employee Productivity," HR Florida (August 2012)
- "The Effect of Actuarial Assumptions aka How the Pension Actuary Is Bankrupting Your City," Florida Government Finance Officers Association (May 2012)

Credentials

Education

- University of Miami School of Law (LL.M., Taxation, 2000)
- Brooklyn Law School (J.D., 1996)
- Rutgers University (B.A., 1993)

Bar Admissions

- Florida

Background

- GrayRobinson, P.A., Tampa, FL (2001–2017)